

Riverside Brookfield Basketball

4th-8th Grade 3 on 3 Fall Training Camp



Why 3 on 3?

More touches=building more skills
Players can hide in 5 on 5, In 3 on 3, everyone is accountable
Teaches spacing, screening, movement, cutting

Great Preparation for Junior Bulldog and Other Traveling Team Tryouts!

When:

Sept 9 (Main Gym)- 7:00-8:00pm
Sept 16 (Fieldhouse)- 7:00-8:00pm
Sept 23 (Main Gym)- 7:00-8:00pm
Sept 25 (Fieldhouse)- 7:00-8:00pm

Cost:

\$45

Register:

Riversidebrookfieldbasketball.com

Training:

20-25-minute skill session-Ball Handling-Shooting -Screening/Cutting
Each Player will then play two 12-15 minute 3 on 3 games each night.
Riverside Brookfield High School staff will direct each session

Competition:

Individual player wins will be tracked each week and the player(s) with the most wins at the end of the league will win awards

"Hard work beats talent, when talent doesn't work hard."